

Parent Update

Term 2/Week 2
3rd May 2023



APPLECROSS
SENIOR HIGH SCHOOL
INDEPENDENT PUBLIC SCHOOL

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IMPORTANT DATES

3rd May

- Year 10 OLNA Round 1

5th May

- Senior School Monologue Night

8th -19th May

- Year 12 ESTs

9th May

- Year 10 VET Connect Information Evening

9th-11th May

- Year 7 Immunisation 1st Round

10th May

- VET Connect Program Applications Open

11th May

- Year 8 Lightning Carnival

15th May

- **P & C Meeting**

18th May

- **School Board Meeting**
- Interschool Cross Country TBC

19th May

- Music Department Autumn Concerts (PAC 6.00pm-9.30pm)

20th May

- Year 11 & 12 French and Japanese Practical Exam

School Activities and Student Achievement

Keep up with all the exciting activities and student achievements that occur in the school by regularly checking our webpage, Facebook, Instagram or YouTube pages.

Website	https://applecross.wa.edu.au/
Facebook	https://www.facebook.com/ApplecrossSeniorHighSchool/
Instagram	https://www.instagram.com/applecross_shs/
YouTube	@applecrossshs5058
School Calendar	https://applecross.wa.edu.au/parents/calendar/
Parent Update	https://applecross.wa.edu.au/parents/parent-update-newsletter/

Update from the Principal

Dear Parents / Guardians

Welcome back to Term 2. I hope you had an enjoyable and relaxing Easter break and made the most of some nice weather. Each term has its unique features and this term tends to focus on assessment, with most students being involved in tests or exams during the first half of the term. This Parent Update contains a number of reminders about these and some other important opportunities and activities.

Congratulations to our former students Sarah McCloskey and Abdul Abdullah, who are both finalists in this year's prestigious Archibald Prize. Sara's entry is titled "Social Distancing", and Abdul's "Self-portrait after MD2". We wish them both well for the judging later this week.

<https://www.artgallery.nsw.gov.au/prizes/archibald/2023/30506/>

<https://www.artgallery.nsw.gov.au/prizes/archibald/2023/30513/>

<https://www.theguardian.com/artanddesign/gallery/2023/apr/27/archibald-prize-2023-finalists-sam-neill-archie-roach-claudia-karvan-and-more-in-pictures>

School Review Process

Towards the end of Term 1, Applecross SHS had a routine (every three years) school review conducted by a Director from the Public School Accountability directorate. A large number of staff, students, parents and members of the community participated in what was a very positive and comprehensive process. I'm delighted to report that we have now received a very [positive report](#), with the timeframe for our next review extended from the usual three years to five years.

In an accompanying [letter from the Deputy Director General](#) (Melesha Sands), the school is described as being "exceptional" and that we have a "most exemplary learning environment". The letter also stated, "Your team of staff and leaders have clearly maximised the opportunity presented by a unified school community of students, families, and external partners to deliver pathways, support and high quality teaching in classrooms."

This is a wonderful acknowledgment of our team of highly skilled and committed teaching and non-teaching staff and our school community in general. It should provide the school community with further assurance that Applecross SHS is an effective school with excellent processes and a clear focus on delivering optimal outcomes for our students.

Annual Report

A reminder that our [2022 Annual Report](#) contains lots of important information about our students' progress and achievements as well as other information relating to the school's performance. The document is now available on the school webpage.

Regards
Paul Leech - Principal

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Naming of the New Café

by Ebony Morrison - Associate Principal Years 7-9

Please take a moment to complete this quick survey to vote for the name of the new school café located in N block.

<https://forms.office.com/r/uB6BvEtKuS>.



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After School Sports Roster

by Jana Gianotti - Head of Sports

Below is a [timetable](#) of events happening around the school for Term 2.

Please feel free to drop in at any time without needing to sign up.

Students please note:

- Sessions run from 3-4 pm unless stated otherwise.
- You do not need to sign up for these events, and it is not compulsory to attend the same event each week.
- These sessions are based on participation and enjoyment. However, should you wish to set up competitions, those can be arranged with your supervisor. Please check the notice board outside the Gym and read SEQTA announcements for any changes in schedule due to emergencies and staff meetings.
- For any queries or concerns, please see Ms Gianotti in the Health and Physical Education office.

Term 2			
After School Sport			
	DAYS	LOCATION	SUPERVISOR
Badminton – all years	Wednesday (3pm-4pm) (Excluding weeks 2, 6, 10)	Gym	Mr Saw
Basketball – all years	Monday (3pm-4pm)	Gym	Mr Laycock
Fitness/Weights – all years	Monday & Thursday (3pm-4pm)	Fitness Room	Mr Saxton
Running Club – all years	Wednesday (7am)	Oval	Mr Kelly/Mrs Donovan
Indoor Soccer – all years	Monday (3pm-4pm)	Oval	Mr Evernden
Volleyball Club - 7-9	Thursday (3pm-4pm)	Gym	Mr Uppill
Volleyball Club - 10-12	Tuesday (3pm-4pm)	Gym	Mr Uppill

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Years 7, 8 and 9 Lightning Carnivals

by Lance Hinds - HoLA Health and Physical Education

This is a reminder to the Year 8 students involved that training and trials for the Year 8 Lightning Carnival on Thursday, 11th May, have begun. Please check the SEQTA notices or speak to your PE teacher if you are unsure when these are. It is still not too late to sign up if you are interested! We are also looking for coaches from years 10 and 11 who may be interested in taking a team. The years 7 and 9 Lightning Carnivals will happen on the following dates, and the request for sign-ups will occur closer to the date.

- Year 7 Lightning Carnival: Friday, 4th August
- Year 8 Lightning Carnival: Thursday, 11th May
- Year 9 Lightning Carnival: Wednesday, 14th June

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eSafety Commission

by Ebony Morrison - Associate Principal Years 7-9

The eSafety Commission have just released online webinars for parents. These live webinars give parents and carers the knowledge, skills and tools to support their children to have safe online experiences.

Please click on the link below to register for the Webinars commencing this week.
[Webinars for parents and carers | eSafety Commissioner](#)

If your child has been a victim of online abuse, harassment or bullying we encourage you to report it online, please click on the link below.
[Report online harm | eSafety Commissioner](#)



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SchoolTV - Internet Addiction

by SchoolTV

For children and teenagers, there is no doubt that the Internet can be an excellent resource for information, communication and entertainment, but more and more Australian parents are concerned about excessive time online.

Today's youth are the early settlers in a remarkable new world. Unfortunately, parents feel as though they are shut out of this world, often not knowing nor understanding what happens in this online environment.

Many of the online games children play have parental controls. However, parents do not always choose to use them. It is up to parents to monitor what their children do online and the length of time they spend online. Banning is not the answer. A better strategy is to give kids access, but be informed, set some rules, monitor and supervise. Ignoring this responsibility could create significant psychological and social problems for their children in years to come.

[Internet Addiction | Applecross Senior High School \(schooltv.me\)](#)



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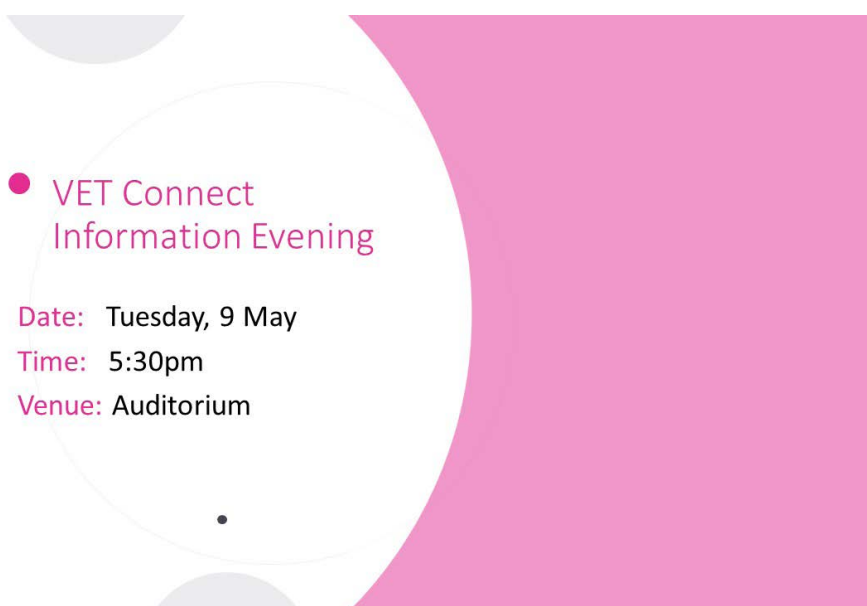
EYES on VET

by Melinda Kennington - VET Manager

Welcome to another edition of Eyes on VET!

This term is such an exciting one for our Year 10 students who will be gaining a lot of information about Senior School pathway options for 2024. Having to make decisions about what courses to select for their final years at school can be a daunting task for students, especially when there are so many viable options with VET, General and ATAR pathways.

For those would like to explore and find out more about a VET pathway, it is recommended that you attend the VET Connect Information evening on **Tuesday, 9 May**.

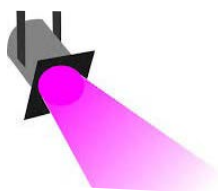


- VET Connect Information Evening

Date: Tuesday, 9 May
Time: 5:30pm
Venue: Auditorium

Please register your attendance at <https://www.trybooking.com/CHZIP>.

Students are also encouraged to visit the VET Office to make a time to see me for more information.



Spotlight on Try-a-Trades

Try-a-Trades are a fantastic way to 'have a go' at the sort of work that takes place in different trades. Participation in these activities demonstrates a willingness to try something new and is great to be able to include in student Resumes, VET Connect applications, TAFE and job applications. They are also very helpful in assisting students in making decisions on future pathways. Try-a-Trade opportunities are advertised on Connect, at assemblies and on the VET Office office Board. Opportunities are offered in Civil Construction, Bricklaying, Painting, Plumbing, Carpentry and Joinery.

Keep an eye out for upcoming offerings!

eyes on VET

by Melinda Kennington - VET Manager



Snapshots around the workplace....



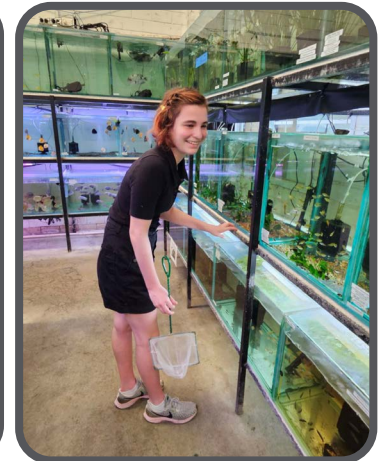
Isaac Beitmanas at
MMA Offshore



Jack Alexander at
DM Paving



Leah Cross at
Good Sammy



Morgan Naylor at
Vebas Aquariums



DM
PAVING



Congratulations

... to **Morgan Fromant (Year 11 VET Connect)** on being offered a full-time apprenticeship in Avionics at Jandakot Instruments Avionics

...to **Sebastian Bodger (Year 10)**, on gaining a School Based Traineeship with McDonald's, where he will complete a Certificate II in Retail Services

...to **Cara Esslemont (Year 11 P2C)** on gaining a place in the P2C program, where she will complete Workplace Learning one day per week at Booragoon Occasional Care

Please keep your **eyes on VET** in the next Parent Update.

Best wishes
Melinda Kennington - VET Manager 😊

P&C Secretary Needed

The AXSHS P&C Assoc Inc is seeking a Secretary to join the new, dynamic Executive Team for 2023. This would suit an organised person who is keen to support the P&C and the wider school community.

A thorough handover will be provided.

Our current Secretary is unable to continue beyond the next meeting so we need someone who can support the P&C with the following:

- work alongside the President, Kerri Gur, to prepare the agendas
- attend one P&C meeting per month - take the minutes and circulate them
- attend Executive Committee meetings when required – take the minutes and circulate them
- be a bank co-signatory on the P&C bank accounts
- circulate (via email) relevant information to the P&C Members

The current Secretary has already:

- set up templates for agendas and meeting minutes
- set up the filing system for the keeping of minutes of meetings

To put forward an Expression of Interest or gain additional information, please contact the P&C President, Kerri Gur, or the Secretary, Narelle Pearce, at axshspc@gmail.com.

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P&C Treasurer Needed

The AXSHS P&C Assoc Inc is seeking a suitably qualified Treasurer to join the new, dynamic Executive Team for 2023. Ideally, it would be a Chartered Accountant or CPA who can volunteer a couple of hours each month.

A thorough handover will be provided.

Our current Treasurer is unable to continue beyond the next meeting so we need someone who can support the P&C with the following:

- payment of fortnightly wages for Canteen Staff
- payment of EOM supplier payments (monthly)
- meet with the Canteen Manager when required
- review monthly P&L provided by the Bookkeeper
- attend one general P&C meeting per term and provide an update on the P&C finances (Bookkeeper generates the required reports)
- attend Executive Committee meetings when required
- work with the paid Bookkeeper to ensure all payments are made and to ensure compliance for employment of staff
- provide information/access to MYOB for the Auditor at the completion of 2023

The current Treasurer has already:

- set up the 2023 Budget
- completed ACNC and AssociationsOnline compliance for 2023
- appointed the Auditor for 2023

To put forward an Expression of Interest or gain additional information, please contact the P&C President, Kerri Gur, or the Secretary, Narelle Pearce, at axshspc@gmail.com.

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Secondhand Uniform Shop

The P&C has had to make the decision to close the Secondhand Uniform Shop because the person running it could not continue, and the website could no longer be used. While all the donated uniforms are currently being stored at the school, the way this will work in the future is uncertain – further discussions are required.

If anyone is interested in running the Secondhand Uniform Shop on behalf of the P&C, please get in touch with Kerri Gur, President, at axshspc@gmail.com. The P&C believes this service is essential and is keen for it to continue. If nobody volunteers to run it, the P&C will look at alternative options, which will be communicated to Parents and the school community via the Parent Update.

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Canteen News

Welcome back, all!

We have started the term with great success with a new Winter Menu and some new items too! This term sees daily soup specials and many 'winter warmer' menu items, freshly made in-house as usual. Also, we can cater for most dietary requirements, so please let us know if you need any alterations to your meal, and we will sort it.

Our volunteer list is SLOWLY growing, which is positive, but we still have way too many spaces on it, so if you have even a little spare time between 9.30 am and 2 pm any day, please get in touch and join the fun!

This term, we will celebrate our volunteers with our Annual Volunteers Morning Tea at the end of May, which is a lot of fun, so please consider joining your school community!

Looking forward to seeing or serving you,
Cre and the Canteen Team

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Mood Lifting Monday

Sliders	\$2.50	Wok of the Day	\$5.00
Taquitos	\$3.50	Sweet Chilli Chicken	
Pizza Fingers	\$2.50	Wrap	\$5.00

Terrific Tuesday

Mystery Melts	\$3.00	Roast Beef	
Potato Skins	\$3.50	Dinner	\$6.00
		Quesadillas.	\$5.00

Wellness Wednesday

Sliders	\$2.50	Pasta.	\$5.50
Chicken		Pies	\$5.50
Tenders	\$3.00		

Thoughtful Thursday

Dim Sims	\$3.00	Hotdogs	\$5.00
Chicken		Enchiladas	\$5.50
Mystery Melts	\$3.00		

Friendship Friday

Sliders	\$2.50	Nachos	\$6.00
Sausage Rolls	\$4.00	Pizza.	\$5.00

Everyday Menu Items

Recess

Cheesies	\$2.00
Pizza buns	\$2.00
Garlic Bread	\$2.00
Fresh Rolls	\$6.00
Fresh Soup & Roll	\$3.50
Muffins	\$3.50
Grape Cups	\$3.00
Asstd. Fruit	\$0.50
Watermelon Cups	\$2.50
Fruit Parfait	\$2.50

Lunch

Rolls/Wraps	
Chicken & Salad	\$6.00
Ham & Salad.	\$6.00
Tuna & Salad.	\$6.00
Egg & Salad.	\$6.00
Cheese & Salad.	\$6.00
Avocado & Salad.	\$6.00
Vegetemite.	\$4.00

Extras

Avocado, egg, cheese, salad,	
sundried tomato	\$1.00
Pickles, chutney, sweet chilli	\$0.50
Complimentary - Marg, mayo,	
pepper	

Alternatives

Turkish	
1 Filling	\$5.00
2 Fillings	\$5.50

Toasties	
1 Filling	\$4.50
2 Fillings	\$5.00
3 Fillings	\$5.50

Salad box	
Plain	\$5.00
Gourmet	\$6.00



**Vegan & Dietary
Options available,
please ask!**

Applecross SHS Menu

Manager - Cre Millar

cremillar@gmail.com

9314 9373

0449 808 008

WAAPA Events Information List

by Tim Stapleton - Head of Music

WAAPA MUSIC GALA SHOWCASE

SUNDAY 30 JULY

PERTH CONCERT HALL, 5 St Georges Terrace, Perth

MUSIC DIRECTORS: TIM WHITE OAM

PERFORMED BY: WAAPA MUSIC STUDENTS AND STAFF

A gala celebration of the astonishing skills of WAAPA's music students and staff. Take a journey with the talents and creativity of Australia's next generation of musical stars – through classical, jazz and contemporary music and more. There'll be mystery, marvels, magic and some amazing surprise guests. Don't miss this extraordinary performance from the future legends of Australian music!

FREE MUSIC WORKSHOPS 2023

ACE YOUR WACE 1.0

SUNDAY 7 MAY, 2.00PM-5.00PM

For Years 11 and 12 Classical Music students

Preparing for a music exam or audition? In this free workshop, you get hot tips on musicianship, phrasing, practising, breath control and performance psychology, plus learn how to write about your ATAR set works. WAAPA's inspirational lecturers show you how to tame your nerves, and how to play and write at your very best – so that when the day comes, your inner star shines bright and strong!

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/weekend-music-workshops/ace-your-wace-1>

MASSED SAX ORCHESTRA WORKSHOP

SUNDAY 28 MAY, 11.00AM-5.00PM

This full day of incredible music-making kicks off with the now-famous Massed Sax Orchestra, followed by inspirational workshops, trade exhibitions and free concerts, and culminates in a Sunday evening extravaganza for family and friends. Open to anyone who has been playing the saxophone for more than two years. Enjoy the biggest saxophone event of its kind in WA.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/weekend-music-workshops/massed-sax>

SENSATIONAL STRINGS WITH THE DARLINGTON QUARTET

SUNDAY 11 June, 10.00AM-5.00PM

For Years 10, 11 and 12 String students

The legendary Darlington Quartet leads string students in an inspirational day of string chamber music. You'll play wonderful chamber works, learn lots as you explore musicianship, sound, phrasing and rhythm, play in a chamber orchestra, and have fun making new string friends. The day concludes with an exciting performance for parents at 4.00pm.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/weekend-music-workshops/sensational-strings-with-the-Darlington-Quartet>

PERCUSSION PANDEMONIUM

SUNDAY 18 JUNE, 1.00PM-5.00PM

For Years 10, 11 and 12 Classical Percussion students

Come and join us at WAAPA for Percussion Pandemonium – a free afternoon of fun, music, drums and supercharged percussion! Led by Genevieve Wilkins, Tim White and Defying Gravity, WAAPA's percussion teachers and students work with you in fun hands-on workshops exploring ensemble playing, percussion technique, rhythm games, improvisation and world music.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/weekend-music-workshops/sensational-strings-with-the-Darlington-Quartet>

FREE JAZZ WORKSHOP

SUNDAY 16 JULY, 2.00PM-3.30PM

For Years 8, 9, 10, 11 and 12 Jazz students

The world-class staff from WAAPA's Jazz department will be running free instrumental and vocal workshops for aspiring young musicians. This is a unique opportunity to learn from some of the country's finest jazz performers and educators, whilst getting a glimpse into life at WAAPA.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/weekend-music-workshops/jazz-workshop>

ACE YOUR WACE 2.0

SATURDAY 22 AND SUNDAY 23 JULY

For Years 11 and 12 Classical Music students

Boost your confidence and turbocharge your WACE performance exam or audition! You'll perform one of your solo pieces in a fun workshop setting, and WAAPA's outstanding Classical Music lecturers will give you advice and strategies for enhancing your performance, releasing your inner virtuoso and achieving your very best.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/weekend-music-workshops/ace-your-wace-2>

MONSTER VIOLA CONCERT

SUNDAY 6 AUGUST, 12.00PM-5.00PM

For Years 10, 11 and 12 Viola students

The viola is the 'Queen of Instruments' – it radiates rich beauty and emotion through its glorious sound and deep resonance. Ace violist Sally Boud leads a day of celebration of the viola where you'll learn about musicianship, sound, phrasing and rhythm, hear exciting new pieces, make new friends, and play in an unforgettable Massed Viola Orchestra! The day concludes with a performance for parents at 4.00pm.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/weekend-music-workshops/monster-viola-concert>

EXPLORE SHORT COURSES 2023

CONTEMPORARY AND JAZZ AUDITION PREPARATION

MONDAYS FOR 10 WEEKS FROM AUGUST – OCTOBER, 6:00-8:00PM

Looking to study Contemporary or Jazz Music @ WAAPA? This is the course for you! Over 10-weeks students will cover aural, theoretical and performance related aspects relevant to the audition process. Become more confident with the audition context and delve into important components of being able to perform at your best. Bring in your performance piece and receive feedback from WAAPA's acclaimed staff in a supportive and encouraging environment.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/music/contemporary-and-jazz-audition-preparation-course>

CONTEMPORARY VOCAL PERFORMANCE WORKSHOP

TUESDAYS FOR 6 WEEKS FROM JULY – AUGUST, 6:00-8:00PM

Develop performance techniques in contemporary vocal styles including pop, jazz, rock and R&B. Over six weeks, this course will cover lyric interpretation, movement and finding your own personal style on stage. Performance anxiety and dealing with nerves will also be covered. Vocalists will be given the opportunity to perform and video their performances and receive direction from WAAPA staff.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/music/contemporary-vocal-performance-workshop>

CONTEMPORARY WINTER SCHOOL

JULY 10-12, 9:30-4:00PM EACH DAY

Kick start your pathway to a career in contemporary music, with three days of instrumental workshops, ensemble playing, and a taste of music production run by WAAPA's internationally renowned lecturers. Students will learn instrumental technique, repertoire, music production and the 'ins and outs' of ensemble playing, culminating in a concert on the final day.

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/music/contemporary-winter-school>

MUSIC PRODUCTION SHORT COURSE

THURSDAYS FOR 6 WEEKS FROM JULY – AUGUST, 6:00-8:00PM

Develop skills and techniques for Music Production led by renowned WAAPA staff. Using music software such as Logic Pro, you will learn signal flow, programming midi and capturing audio to produce and arrange your own music. Over 6 weeks become your own producer and record amazing work in your own home!

<https://www.waapa.ecu.edu.au/corporate-training-and-short-courses/music/related-content/lists/music/music-production-short-course>

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Social Media Highlights



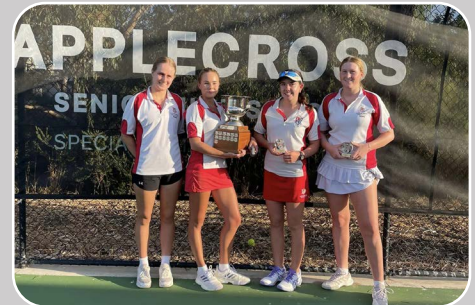
Year 8 Science WA Solar Car Challenge



Year 10 Lightning Carnival - Basketball



Year 10 Lightning Carnival - Soccer



Girls Slazenger Cup Winners



ANZAC Service



Afterschool Tennis Squads



Unveiling of the Acknowledgement of Country Plaques



Interschool Swimming Carnival



Visit our social media sites or the school website pages to read about the achievements and events/activities held over the last couple of weeks.



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Community Notices



Term 2, 2023

Free eSafety parent and carer webinars

Join eSafety's expert education team for a free live webinar designed for parents and carers.

Term 2 topics: (all 30 minutes)

- **Getting started with social media: TikTok, YouTube, Instagram**
For parents and carers of young people in primary and secondary school.
- **Online relationships and consent: sending nudes and sexting**
For parents and carers of young people in secondary school.
- **eSafety 101: how eSafety can help you**
For parents and carers of young people in primary and secondary school.
- **Setting your child up for success online**
For parents and carers of young people in primary school.



For more information and to register now: esafety.gov.au/parents/webinars



eSafety Commissioner

esafety.gov.au

mastermind

AUSTRALIA

MASTER CLASSES TERM 2
Tuition for all students Year 7 to 12



Master Classes are 1 hour tutorial sessions conducted once a week during the school term. Each week these classes reinforce and extend students' understanding of the work they are currently studying at school. Program commences Saturday 29th April.

Classes held at Christ Church Grammar School

20% school discount per subject

ENROL NOW
www.mastermindaustralia.com.au

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email: admin@mastermindaustralia.com.au

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