

## Dates to Remember 2014 Semester 1

	Students	Teachers
Term 1	Monday 3 February - Friday 11 April	Thursday 30 January - Friday 11 April
Break	Saturday 12 April - Sunday 27 April	Saturday 12 April - Sunday 27 April
Term 2	Tuesday 29 April - Friday 4 July	Monday 28 April - Friday 4 July
Break	Saturday 5 July - Sunday 20 July	Saturday 5 July - Sunday 20 July
Semester 2		
Term 3	Tuesday 22 July - Friday 26 September	Monday 21 July - Friday 26 September
Break	Saturday 27 September - Sunday 12 October	Saturday 27 September - Sunday 12 October
Term 4	Tuesday 14 October - Thursday 18 December	Monday 13 October - Friday 19 December

## School Development Days 2014

Monday	April 28
Monday	July 21
Friday	August 22
Monday	October 13
Friday	December 19

## Public Holidays 2014

Monday	June 2	Western Australia Day
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### Parent Events

Monday	March 17	P & C meeting AGM
Monday	March 24	Year 6 Parent Information Evening
Wednesday	March 26	Year 7 Parent Information Evening
Monday	March 31	School Board - Open Meeting

### Student Events

Thursday	March 13	Year 9 River Cruise
Friday	March 14	Inter-school Swimming Carnival
Thursday	March 20	Year 11 Community event
Friday	March 21	Year 8 Council Elections
Friday	March 28	Year 12 Scripted Monologue Night

## Career Expo

The VET and Careers Department are hosting a Career Expo for potential Vocational Students during the Parent Teacher afternoon on **Wednesday 2nd April**, 1.00pm - 5.00pm in the new Library. The expo is ideal for parents of students who have an interest in undertaking TAFE Qualifications while in Year 11 & 12, or are interested in a School Based Traineeship or School Based Apprenticeship. Please keep in mind the Year 10 Career Counseling will take place in Term 2, so the expo will be a good opportunity to explore other options available for Year 11 & 12.

Vocational Education students (ie Flexi) study for their WACE Certificate at school (Monday - Wednesday) while attending TAFE and doing work experience on Thursdays and Fridays.

Currently we have Year 11 & 12 students undertaking Traineeships at The Commonwealth Bank, Dept of Children's Services, Department of Aboriginal Affairs, Royal Perth Golf

Club, City Beach, Clancy's Fish Pub, Activ Foundation & Great Beginnings Child Care Centre.

The following are attending and will be available for advice and information on opportunities available:

- BCITF** - (Building and Construction Industry Training Fund)
- HGT** - (Hospitality Group Training)
- FRANKLYN SCHOLAR** - (Registered Training Organisation - Retail)
- RURAL SKILLS AUSTRALIA**
- REECE**
- MPA** - (Master Plumbers Association)
- SEDA** (Sports Education Development Australia)
- CHALLENGERTAFE**
- POLYTECHNIC WESTTAFE**
- CENTRAL TAFE**

Vanessa Buemi Julie Reed  
VET Coordinator Work Place Learning Coordinator



Edition 02 - March 2014

Senior High School  
**SCHOOL BULLETIN**

# Ben Thomas and Kimberley Wynhorst are the Head Boy and Head Girl at Applecross Senior High School for 2014

Ben is in his second year as a Student Councillor. He is part of the Specialist Tennis Program at the school, coming to Applecross after attending the Carey Street Community School during his primary school years. Ben coaches junior tennis at his local club Corinthian Park. He has been involved in a variety of activities as a student councillor most recently the Valentines Day flowers and chocolates fundraiser.

Kimberley has been a Student Councillor since arriving at Applecross after attending Kardinya Primary School. She is involved in hockey and modelling and has a job she loves at Kmart. She has been heavily involved with fundraising including the 40 Hour Famine, Jeans for Genes Day and Valentines Day.

The school is very fortunate to have such committed and enthusiastic young people representing the student body and we look forward to a very positive year.

Rex Lilleyman  
Deputy Principal Years 10 - 12



Kimberley Wynhorst (Head Girl) and Ben Thomas (Head Boy)

## Staffing Changes for Term 2

With Term 2 approaching we are making some changes to allow for staff taking leave. Tony Herbert, Deputy Principal will be on leave for Term 2. Jodi Lambert will be taking on Tony's role and Emma Walker our current Program Manager, Years 7-9 will be moving into the role as Deputy Principal for Years 7-9. Jenny Casserly, who is new to our staff this year and an experienced Level 3 Classroom Teacher, will take on the role as Program Manager Years 7-9 and her English class load will be taken by a new teacher to the school Thalia van Oyen.

## Parent Teacher Bookings

Important Dates:

**When:** April 2nd and 10th

**Time:** 1.00pm-6.45pm

**Venue:** S Block upstairs (new building)

**Details:** Coming soon. The online booking system (PTO) will be used again. Full details will be provided shortly.



## From the Principal

Our school year is well and truly underway now. We are settling into the new buildings and the packing boxes have almost disappeared from sight. We have had some of our wonderful student artwork hung to decorate the walls in the Administration building and our Honour Boards have been moved to their new home in the S Block Reception area. The beautiful new stainless steel Canteen is in full operation and our landscaped exterior spaces are steadily taking shape. Meanwhile, in the Builder's section of the school, the complete "gutting" of the Eastern half of the old school is progressing. Parking continues to be an issue and I would like to ask parents to consider dropping and collecting students a short distance from the school to help with vehicle congestion, particularly in the afternoons.

One of my tasks over the last few weeks has been to produce the school's annual report for 2013. It gave me cause to consider the large number and wide variety of activities that are undertaken, by Applecross teachers and students, within a single year. Students certainly have many opportunities to enrich their school experiences by doing things that extend beyond the classroom walls. I would like to encourage students to take advantage of such opportunities whenever they can.

Recently I also attended the ceremony for SCSA award winners, at Government House, with Marie Lloyd who taught EALD course Exhibition winner Stephanie Chu and Anthony McAndrew whose student, Carrissa Wu, was the winner of the Visual Art course Exhibition. Shari Bone also received a Course Exhibition for Career and Enterprise. Several of the speakers mentioned the influence of their schools, and specifically their teachers. There was a real 'celebration of teaching theme' that made me reflect how privileged we are to be teachers, and lucky to be in a school where we have such talented and appreciative students. We sometimes do take our students for granted and I was reminded of this last week while showing a tradesperson through the new Science hallway. He noted how quiet the classes were—he was obviously surprised by this and his comment surprised me as it was just what I see every day and I would have been shocked if it had been any other way.

The Applecross Swimming Carnival was held recently with temperatures throughout the day designed to make everyone keen to join in, with even a few teachers taking a dip. I had

the pleasant task of presenting trophies to the champions and runners up. The names of our champion swimmers and runners up are printed elsewhere in this School Bulletin. Best of luck to all our swimmers who will be representing the school on March 14th at the inter-school swimming carnival.

The OLNA (Online Literacy and Numeracy Assessment) will shortly take place for the first time for some Year 10 students. This is a new initiative to ensure that students graduating from high school have passed minimum literacy and numeracy standards. Students who have already reached Band 8 in their Year 9 NAPLAN testing will be exempt from this round of testing—a good reason for all Year 9 students to try their hardest in the NAPLAN tests next term.

Towards the end of this term, on April 2nd and 7th, our Year 8-12 Parent/Teacher meetings will be held. I would like to remind parents that there will be an early dismissal of students on these days. The venue will be upstairs in the new Science rooms. This will be a new way of organising the meetings and we hope it might provide a reduction in the background noise that was sometimes an issue in the old gym/hall. Further details and instructions about how to book appointments will be sent to parents a couple of weeks before the meetings.

This is the first School Bulletin to be published as an electronic copy only. We are aiming to reduce our use of paper and postage costs and hope that the new system will also be more convenient for you. More and more of our communication will be via email so please ensure that you update your details with us whenever necessary.

Glenys Campbell  
Principal



Carriss Wu and Stephanie Chu after receiving their awards at Government House

## Giving all students a shot at a safer future

Free Human Papillomavirus (HPV) vaccination is being offered to students in Year 8 as part of the National HPV Vaccination Program.

The school-based program is credited with significantly reducing HPV-related infections and pre-cancerous lesions (which can lead to cervical cancer) among the vaccinated group since it began in 2007.

Other research has shown that HPV vaccination has also dramatically reduced the number of genital warts in females less than 21 years and females aged 21-30 years old and heterosexual males less than 21 years old and aged 21-30 years. This is because the partners of vaccinated females receive indirect protection, more commonly known as 'herd immunity'.

While you may be aware HPV can cause cervical cancer in females, there are benefits for males too. Vaccinating males against HPV will help protect them from a range of

HPV-related cancers and disease. About a quarter of all vaccine preventable HPV-related cancers occur in males.

Vaccinating males will also help to protect females from cervical cancer and other HPV-related cancers and genital warts by reducing the spread of the virus, which is transmitted by sexual contact.

The vaccine is delivered in three doses over a six month period by qualified immunisation providers. We have scheduled the first dose at school in Term 2 on Thursday 1st May.

It is important that the full course, all three doses, is completed to make sure students have the best protection.

The vaccine has been tested to ensure it is safe for males and females. Approximately seven million doses of the vaccine have been administered in Australia so far.

Jenni De Rossi  
School Nurse

## Mileva Tubbs

The community of Applecross SHS would like to congratulate Physical Education and Dance teacher Mrs Mileva Tubbs for her outstanding success in being one of only two teachers in Western Australia awarded Lead Teacher status. Mileva has 22 years of teaching experience and is currently also the Year 11 Coordinator at Applecross SHS. Already a Level 3 Classroom teacher, Mileva saw applying for the Lead Teacher status as a challenge as well as a structured way for her to

reflect on her teaching practice. Although finding the process extremely rigorous, Mileva said that the written process of addressing the 37 criteria and being observed by outside consultants for a day had many professional rewards. She also said that she had learnt much by being involved in the process. Mileva expressed her thanks for the support she received from the teachers and administration of the school. Well done Mileva.

Tony Herbert  
Deputy Principal



Mileva Tubbs

## Sporting Achievements

Congratulations to Oliver Stenning (Year 11) who has been selected to represent WA at the Australian All Schools Triathlon Championships to be held in Bendigo in April.

Gurkawal Bajaj (Year 10) and Pierre Enjolras (Year 12) have been selected in the Pizzey Cup Tennis team will represent WA at the National Championships being held in Perth in May. Lachlan Napier (Year 11) has been selected as first reserve.

Well done to all these students on their efforts on the sporting field so far and we wish them all the best as they prepare for their National Championships.

A reminder to parents that we are always keen to hear about students' achievements so that we can publicly recognise them in our *School Bulletin*.



# LIBRARY NEWS

Students' eyes lit up as they were welcomed into our beautiful new Library which opened this term. Gasps of wonder and excitement were heard as eager students surveyed the funky entrance lounge area, the light, bright and airy spaces and the elegant shelves and class areas.



New library lounge area

It wasn't long before groups of students claimed their favourite spots: the upper school study groups taking up residence in the cosy Library 2 room with its red and black seating, laptop users enjoying the spacious Library 1 area and students wishing to read or work privately enjoying the private study tables alongside the north window. Of course, students

wishing to chat, read magazines or curl up with a book could choose the entrance lounge or reading areas. Lunchtime numbers have reached 130 students, proof of the library's popularity as a place to hang out.

Teachers have also been keen to book into our new venue. Every Year 8 to 10 English class has a fortnightly reading period and Science, Society and Environment, Health & PE, Art, Drama, Careers and Accounting classes have commenced research tasks or used our laptops and online resources. Maths classes too have enjoyed our facilities whilst their demountable classrooms were undergoing ICT installations.



Circulation desk

Special thanks must go to Mrs Dee Lewis, ICT Co-ordinator, and Mr Jarrad Wilks, ICT Technician, who worked

tirelessly to organise and carry out data projector and computer installations as well as managing the Year 10 Macbook program. Mrs Donna Brown, Mrs Kate Gee and Mrs Maureen Wakenshaw, Library Officers, ably co-ordinated and carried out the time-consuming task of preparing student records for our library system and taking students' photos for their Year 8 and 11 Library Smartrider cards. Mrs Tracy Thillainath, Teacher-Librarian, ably assisted Ms Birtwistle with the Year 8 Orientations and turned her talents to our first display celebrating the Winter Olympics.

Over the coming months your Library and ICT team will continue working to provide you with a centre fit for 21st Century learning. Watch this space!

Marian Birtwistle  
Teacher-Librarian in Charge



Library 1 area

## Film Club 2014

Film Club has started again for 2014. The first meeting on Thursday of Week 3 saw a fantastic turnout of 35 film enthusiasts who were very keen to get going on some projects that they plan to shoot and edit throughout the year. Many terrific ideas were floated for what we could do with the club this year, including holding a viewing evening for the films made by the club, to be held towards the end of the year. There are also plans to follow up last year's successful debut of the club with more entries into the various competitions that are held around the country.

Among the students there's certainly a great deal of enthusiasm for developing and producing films. It's amazing what can be achieved when the willingness and energy of

young people is given a focus like film production. We'd love to see many new members coming along as we look ahead to bringing to life creative ideas brought to Film Club by its spirited members. Come along to T13 on Thursdays at lunchtime.

Matt Docherty  
Film Club Coordinator



Film Club

## Jarlath O'Connor

Unlike many of his peers who have recently graduated from high school, Jarlath O'Connor from the Applecross Senior High School's class of 2013 has had some difficult decisions to make regarding the country in which he will further his education. Due to his parents' work commitments Jarlath will shortly decide in which country he will pursue his tertiary education. Having already studied in three continents in his first 12 years of schooling, Jarlath has been in a unique position of seeing how different educational systems have influenced his development. Prior to coming to Australia, Jarlath had heard that Australian students were

very friendly and welcoming. Jarlath said that his experience upon starting at Applecross SHS was exactly that. He also said his teachers had a great influence on him. According to Jarlath 'the teachers at Applecross have a unique way of running their classes which are engaging and brilliant. 'My experience at Applecross SHS has helped me develop a confidence in myself which I never knew could exist'. At this stage Jarlath is planning to commence an undergraduate degree at a university in the United States majoring in Law/Philosophy followed by a Law degree. The Applecross SHS community wish you all the best in the future Jarlath.

Tony Herbert  
Deputy Principal Planning and HR



Jarlath O'Connor

## MASTER MIND AUSTRALIA – ACADEMIC PATHWAYS

### APRIL REVISION PROGRAM

Study Skills – Essay Writing – Subject Revision

For all students in Year 10, 11 & 12

This revision program aims to prepare students for First Semester Exams.

Courses will be conducted at:

Christ Church Grammar School, Hale School and Willetton Senior High School

Early Bird enrolment discount applies if received before 22 March, 2014

For further information on these programs contact:

Dr Robert Hallam at Master Mind Australia on 9486

1377

[www.mastermindaustralia.com.au](http://www.mastermindaustralia.com.au)

## Parent and student BBQ

"It was a wonderful evening under the shade of the eucalypt trees, where parents came and sat, and had a chat to the teachers of their children in the year twenty fourteen."

In the immortal rhyme of Waltzing Matilda, we celebrated our first four weeks at Applecross SHS at the fabulous Year 8 Parents and Teachers Barbecue on Tuesday 25 February 2014.

With school tours showcasing firsthand a few of the new facilities at Applecross, parents, students and teachers had a chance for an informal rendezvous over a sausage sizzle and cold drink at the end of the day. Unquestionably a successful evening, it was supported and attended by many families, the school Administration and teachers. We would like to thank Mr Tim Stapleton and Mr Nick Wilding for managing the entertainment and PA, and Ms Cre Millar and the canteen staff for providing the lovely fare for the evening. I would also like to thank all of the staff who attended, giving up their evening to participate and welcome our parents. Finally thank you to Tate Pender in Year 10 for his assistance behind scenes and a big thank you to the Year 9 students Mia Cahtarevic, Josephine Liantono, Ellyse Wilson as well as Blake Rose from Year 11 for providing a medley of musical accompaniment.

Hamish Pope  
Year 8 Coordinator



# PERSONAL BEST PROGRAM

Tuesday 18 February saw the first Personal Best program for lower school students being conducted. The Year 10 students had their normal timetable suspended for Periods 3-5, so that they could undertake three different workshops during that time. These were:

What it means for be a teenager – This focused on issues and feelings of being a teenager. They also identified the skills/. attitudes that they will need to do their best throughout their life.

- Home Learning Sessions – This session focused on time management skills to be used at school and at home to make the best use of their time.

- Leadership – This session looked at the skills required to be a leader. The students also listed their strengths and weaknesses and their goals for the year.
- We aim to develop these skills incidentally in each of our lessons, but this is time that we have set aside to particularly concentrate on these essential life skills.

The Personal Best program will be run once per term for each lower school year group, with a different focus each time, depending on the year group and school activities. The program will often be conducted by our staff but also supplemented by outside providers where appropriate.

Emma Walker  
Program Manager Years 7 - 9

## Do you still need a locker?

The distribution of lockers to all years has been finalised. This does not mean that you cannot have a locker if you haven't already organised one. There appears to be approximately 250 lockers still available for student use. All these lockers have now been closed using cable ties.

Should you require the use of a locker you need to follow the procedure detailed below:

- Bring a lock to school and decide which locker you would like to use.
- Go to the Program Manager's office and they will remove the cable tie. Tell them the locker number and whether it is the top or bottom locker. They will then register the locker for you.
- Put your belongings in the locker and secure it with the lock you have brought to school.
- Please ensure that you register your locker or the lock may be removed and the contents disposed of.

The availability of lockers when the new school is finalised is uncertain at this stage so students should consider ways to minimise what they bring to school so your bags are not too heavy. For example there is no reason to bring multiple files to school as you could bring one divided into subjects. When the file begins to fill up you could remove some of it and put it into files at home where it would be available for study purposes when required.

Please contact Angela Koios or Emma Walker if you have any questions regarding lockers.

## School Uniform

The School Uniform Shop is open at the following times:

Term 1 & 4	
Monday	1.00pm – 4.00pm
Wednesday	8.00am – 11.30am
Thursday	8.00am – 11.30pm

Terms 2 & 3	
Monday	1.00pm – 4.00pm
Wednesday	8.00am – 11.30am

The wearing of school uniform is strongly supported by the Applecross community and is a symbol of pride in the school. Families who choose to enrol their children at our school are expected to support the Dress Code which means purchasing all school uniform items from the Uniform Shop. There is an expectation that students will comply with the dress requirements and that valuable school time will not need to be diverted to follow up on breaches of school uniform policy.

The footwear requirements for all students remain unchanged; that is, flat, enclosed footwear preferably in a neutral colour. When students are officially representing the school, standard black footwear is to be worn. Also, a reminder that black stockings may be worn with skirts (but not shorts) and socks need to tone with the uniform.

We appreciate your cooperation in ensuring that our students represent our school in a positive fashion in the community.

Jodi Lambert  
Deputy Principal

## Hyogo Exchange Teacher Mr Ryuji Nakagawa

Nakagawa Sensei has been working with us at Applecross Senior High since April of last year. He will return home, with his wife, Kaori, on the 27th of March, ready for the start of the new school year in Japan, which is at the beginning of April.

During his time here, Mr Nakagawa has worked with most of our students of Japanese. He has shared his knowledge and expertise, as well as his enthusiasm and sense of humour, with us. He particularly enjoyed working with last year's Year Nine Japanese Academic Extension class and the upper school students. Another highlight for Mr Nakagawa was the Year Eight Academic Extension Camp to Coral Bay, which was a great opportunity for him not only to get to know more students and staff, but to see some of the Australian countryside too.



Mr Nakagawa with Year 11 & 12 students of Japanese



Mr Nakagawa looks on as Alyssa Chow draws manga during Japan Club

In November last year Mr Nakagawa and Mr Hayakawa, who is the other Hyogo Exchange teacher, presented a session on Japanese comedy called "Manzai" to Year 10 and 11 students. Manzai is a comedy skit where one person is the "smart guy" and the other is the "dumb guy" and they bounce crazy conversation off each other. The students were the able to have a go at creating their own comedy skit.

Mr and Mrs Nakagawa have made good use of the school holidays to visit many places in Australia. I am sure that they will be keen to come back again one day.

Susette Rose  
Head of Languages Learning Area

## News from the Languages Learning Area

### French Exchange

Our exchange group of nineteen students, led by French Language teachers Madame Spooner and Monsieur Pope, are all ready to go on their trip to France. Students are currently participating in weekly orientation sessions so that they will be well prepared for their study tour. The group will depart Perth on the 5th of April and return to Perth on the 23rd of April.

During the exchange, students will do an extended home stay with families of the Collège Saint-famille in Amiens, which is located to the north of Paris. They will spend a few days at school and look around the local area. Towards the end of the exchange the group will spend several days in Paris, enjoying some of the famous attractions such as the Cathedral of Notre Dame, the Champs Elysées, Eiffel Tower, Arc de Triomphe, the Louvre, a boat trip on the Seine, and Montmartre. We wish them "Bon Voyage!" We will welcome the visitors from France in October of this year. The next opportunity to participate in this exchange will be 2016.

### Japanese Exchange

The Japanese exchange runs on a different timeline to the French Exchange. We are just starting to form a group for this year's exchange with Takarazuka City in Japan. Students of Japanese in Years 9, 10, and 11 are invited to participate.

The Japanese visitors will be in the school from 26th of July until the 3rd of August. It is great fun to host a student. We have planned an enjoyable itinerary for our Japanese visitors during their stay.

Our students, led by Japanese Language Teacher Ms Sumika Nishikawa and History teacher Mr Brad Snell, will go to Japan on 20th of September and return on the 5th of October. This year we plan to fly into Tokyo and spend a few days there before going to join the host families in Takarazuka, which is to the south of Tokyo. In Tokyo, the group will visit Harajuku, Yoyogi Park, Tokyo Disneyland and the new Sky Tree building. They will travel to Kyoto on the Bullet Train and see some of the famous temples and shrines in the ancient capital.

In Takarazuka, students will spend three days at a junior high school, experiencing first-hand how school life in Japan is similar to and different from our own. They will participate in a range of cultural activities. The Mayor of Takarazuka will hold a reception for the group. Please contact Ms Rose or Ms Nishikawa for further information on this year's exchange or for an application package.

Susette Rose  
Head of Languages Learning Area



# Eighth Exhibition winner for the program

Congratulations go to Carrissa Wu on achieving a Course Exhibition for Stage 3 Visual Art in 2013. A Course Exhibition is awarded to the top Student obtaining the highest combined mark in a WACE course. Carrissa joins a long list of high achieving Special Art Students being the 8th Exhibition for the program since it began at Applecross Senior High School in 1968.

## Previous winners

2010	Mim Kempson Anda	Design
2008	Emma Buswell	Art
2007	William Lee	Art
2006	Ebony Blackley	Art & Design
2006	Rebecca Hutchens	Art
2004	Keegan Blair	Art
1996	Mark Ho	Art

Carrissa also won entry to the 2014 Perspectives exhibition currently on at the Art Gallery of WA along with fellow student Sam Indrawan. Year 12 Perspectives features art by some of the best, brightest and most talented graduating high school artists in the State. An annual barometer of what our youth are thinking and feeling, it is also a rich celebration of the role The Arts play in the development of individual identities. It runs from 26 February - 5 May 2014

Everyone has the opportunity to vote for their favourite work at the exhibition as part of The Santos Year 12 Perspectives People's Choice Award which will see the artist whose work

is voted the most popular by Gallery audiences receive a trip to the Art Gallery of South Australia, and the high school they attended will receive 30 tickets to the Richard Avedon: People exhibition coming to the Gallery in August. One lucky voter will also win a \$150 shop voucher. The 2012 winner of the award was Christopher Nguyen and in 2011 Caitlyn Rash took off the prize: both students were Special Art students.

Voting closes 5pm, Sunday 27 April 2014 and the winners will be announced on 30 April 2014.

Jodine McBride  
Head of Learning Area Visual Art



Carrissa Wu Yr 12 Visual Art Exhibition Winner

## Year 8 Tennis Camp 2014

On Wednesday the 20<sup>th</sup> February, the Year 8 tennis kids went on a tennis camp to Bunbury for two nights and three days. We stayed at Bunbury Discovery Park and did a variety of fun activities as well as having a fantastic tennis experience.

Every morning we got up at 6am to go for a run and do some fitness activities. After we had finished running we would go back to the dorms and make

our own breakfast. Then we would go to tennis for three hours, followed by Subway for lunch. In the afternoon it was back to tennis before going out for dinner. For dinner we went to a pizza place and on the second night we had a barbecue at the Discovery Park where the boys cooked and the girls made the salad. It only cost \$2 each!!!

Overall, the experience was wonderful and it helped us to meet and get to know our tennis buddies. Our best memories were; jumping on the giant pillow, playing capture the flag, going out for lunch and of course playing tennis!

Thanks to Mr Hinds and Ms Graham who made the camp a fantastic experience for everyone.

Dhika Raditya, Jordan Scata, Paris Popovic and the rest of the Year 8 Special Tennis Class



Excursion to Bunbury

## Sustainability Report 2014

All Year 9 classes – nine in total have had an introduction to the concepts of biodiversity and sustainability in their Science lessons this term. We tried a new approach with class teachers first teaching the concepts in an Ecology lesson followed by a presentation by Bruce Ivers, our sustainability consultant. This occurred in Week 4 with all Year 9 teachers being given a schedule and resources by Jeff Mengler during Week 3 so they could prepare. Bruce's presentation was a Powerpoint showing how we can apply the biodiversity and sustainability concepts by growing native plants in the school nursery for both local and farm areas that need remediation. Classes were shown photographic examples of students tree planting at Wireless Hill and also the UWA's future farm at Pingelly from last year.

Bruce showed the students how the rapid growth in the world's population and energy use, especially since 1950, has created challenges for the students' generation that no previous generation has faced, specifically: food security; water security; and finding renewable energy sources to replace fossil fuels. Australia's position as a net food exporter was examined in the light of diminishing rainfall and increasing problems of salinity in the wheatbelt areas of WA and students were told how we can grow salt tolerant native plants to help offset the negative effects of salinity. The important role of science in maintaining broadacre food

production was discussed and students were encouraged to enter careers that will tackle the three major challenges for their generation. Finally it was explained that oil mallees can be grown to counter salinity and provide biofuels that will be able to fuel jet planes in the future that will be carbon neutral. The students were then taken as a class to the school's shared nursery near Ardross PS to see, touch and smell oil mallee trees and were permitted to participate in nursery activities.



Elisa Alanis Fuentes, Niamb O'Neill and Phoebe Ingleson

I witnessed two lessons with my classes and I thought the students received it well and were very interested in Bruce's positive message of how we can start to reverse some environmental problems. Bruce hopes to follow up with another nursery activity which will be more practical as the seedlings need to be transplanted to bigger pots.

Later this year we will follow this with planting sessions at Wireless Hill and an overnight camp for the Yr 9AE's to Dryandra Woodland and the Future Farm. Students will see how the ecosystem functioned prior to European settlement at Dryandra and how farms of the future will recreate some aspects

of natural biodiversity to help with food production in the future. Students will contribute by planting seedlings they have grown at UWA's Future Farm.

Bruce has also spent his own time preparing Native seedlings for a salinity experiment in the Ecology topic. Each Year 9 class has four varieties of native plants as well as wheat plants to compare their ability to survive three differing salt solutions, plus Swan River water. Over two weeks we have seen a change in the plants as some cannot cope with the saline water, while others can. The students will write a scientific report that will contribute towards their assessment for the ecology topic. The seedlings have been set up on propagation benches situated outside the deputies' offices where sunlight and accessibility to the seedlings is suitable. We appreciate the skills and expertise that Bruce has provided and look forward to his assistance in the future. It is wonderful to have the opportunity for our students to experience "real life" practical applications that support their classroom learning.

Jeff Mengler  
Science teacher



Elisa, Niamb and Phoebe observing seedlings

## Pizzey Cup 2014

Congratulations to Gurkawal Bajaj (Yr 10) and Pierre Enjolras (Yr 12) who have been selected to represent WA in the prestigious Pizzey Cup. This is a national teams event consisting of the best 8 boys and 8 girls in the state. This year the event is held in Perth during the month of May.

Lance Hinds  
Tennis Coordinator



# House Swimming Carnival

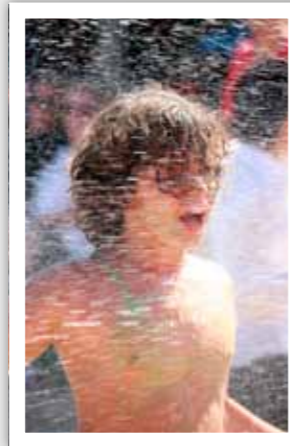
It was a hot and festive day at Applecross Senior High on Friday the 28th February. Year 8 and 9 students participated in the House Swimming Carnival, along with a number of competitors from Years 10 – 12, to try out for the Interschool Carnival in mid-March. Congratulations to the following students for receiving Champion and Runner-up for their year group.

## Champion

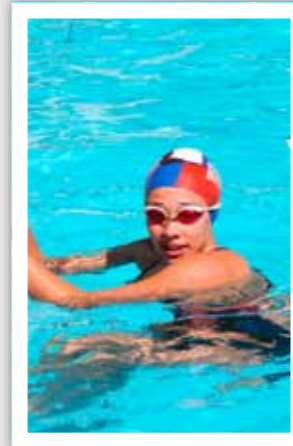
Year 8 Girls Kazia Zenke  
 Year 8 Boys Colin Harrison  
 Year 9 Girls Celeste Forrest  
 Year 9 Boys Fin Schaper  
 Year 10 Girls Fabiola Whyte  
 Year 10 Boys Todd Nosworthy  
 Year 11 Girls Shannon Doody  
 Year 11 Boys Jasper Foo  
 Year 12 Girls Hui Jean Seah  
 Year 12 Boys David Crothers

## Runner Up

Hannah Burkhill  
 Ryan Doody  
 Jessica Lewis  
 Kenta Yokote  
 Eva Metrot  
 Dylan Churchill  
 Holly Hughes  
 Charlie Ansell  
 Johanna Himstedt  
 Fazza Suprayogi



Lachlan Gangemi



Fabiola Whyte

The overall winner of the House Competition was Amity. The other Houses fought it out for the minor placings, with Challenger in second place, Success third and Investigator in fourth place. Congratulations to all students who participated throughout the day and the teachers who made the carnival possible.

Phil Samanek  
 HOLA Health and Physical Education

## Skills for Life

Applecross SHS is proud to announce the launch of new life skills learning program taught explicitly to our students to build on their pursuit of Personal Best, one of our school values. We focus on our core values in many ways at school and this is one way to work explicitly with the concept that by showing Mutual Respect and becoming academically, socially and emotionally intelligent, we can all do our Personal Best in life.

Each term, students in Year 8-10 will participate in a range of lessons about study skills and organisation, bullying, cyber safety and protective behaviours, goal setting, career counselling, emotional intelligence and regulation as well as understanding relationships.

They will participate one half day a term and rotate over the year to cover the program. Students will work through the content with their Care group, to build further relationships

with the peers they will spend their high school life with. They will be assisted by Student Services team personnel and at times, the school will engage external presenters with specific expertise and/or who are inspiring and interesting for young people to listen to.

Many of the topics to be covered in the PB program are aligned to the Personal and Social, and Ethical Understanding competency aspects of the Australian Curriculum. These general capabilities encompass the knowledge, skills and behaviours, and dispositions that, together with curriculum content, assist students to live and work successfully in the twenty first century.

Students are informed about their PB rostered days through Care Group and assemblies. Our first day for Year 10s was held on Tuesday 18 February and we are excited to be working with Year 9s on Tuesday 4 March. We will keep you updated on this exciting development each term.

Emma Walker  
 Program Manager Years 7 – 9

## International Women's Day

To celebrate International Women's Day this year, a group of girls from Year 9 and 11 attended a special event held in our school auditorium. The event broadcast an interactive segment on ABC Splash hosted by Libbi Gorr (aka Elle McFeast). The program 'Making a Difference' was filmed in ABC studios in NSW, but was viewed live by schoolgirls all over Australia. It featured two remarkable young Australian women, who are making a difference and inspiring change. Seventeen-year-old, Mariah Kennedy author and the winner of the Young People's Human Rights Medal for 2013 and Haley McQuire 22, a speaker at the Young Indigenous Conference in 2013 and a member of the UN Youth Advocacy Group for the

Global Education First Initiative. Both young women are UNICEF Young Ambassadors for Australia. The program also featured an online host, Josie Swords from the Australian National Committee for UN Women Australia.

Throughout the program Mariah and Haley answered questions that were posted live or prerecorded by schoolgirls around Australia. Applecross' own Taylor Woods' excellent question about how ordinary people can contribute to making a difference in eliminating gender bias in their everyday lives was featured as a video question.

The guest speakers shared their advice on what we could do to help make a change and be a positive influence in our community. After the program finished, teachers encouraged student discussion on how women's roles in

society have changed, comparing the options we have now to when they were young and beyond, but they also reminded us that there is still work to be done in achieving true gender equality. The broadcast was a positive way to celebrate and recognise International Women's Day.

After leaving the auditorium Mariah and Haley's words left us inspired to help others and to make a difference.



International Women's Day

## Edge Fitness Offer

We all know that regular exercise helps to keep us fit and healthy. It also assists in improving concentration and is a great stress reliever. Often exercise levels drop off in Year 11 and 12, just when students need it most.

Edge Fitness have offered to run some group fitness sessions for our Year 11 and 12 students during Term

2. The cost will be approximately \$45.00 for 8 sessions. Students have been given information about this in Care Group. A free trial session will be held on Wednesday March 26 from 3.15-4.15pm. This is a great low-cost, convenient option for students to participate in some fun exercise with their friends.

## STEP UP to raise funds for MSWA

The call is going out to staff, students and families to STEP UP on Sunday 4th May!

The STEP UP FOR MS is a challenging race up 1103 steps of Perth's tallest building, to raise funds for Western Australians living with multiple sclerosis (MS).

One of AXSHS newest teachers, Mr Ben Kelly from S&E, has taken part in the event for the past 4 years and raised over \$10,000 for MSWA. He's throwing out the challenge to everyone to sign up for the event and join in the race to help raise funds.

Did you know?

- MS is the most common disease of the central nervous system and affects more than 23,000 Australians.
- The average age of diagnosis of MS is just 20-40 years
- MS affects three times as many women as men

All funds raised from this year's STEP UP FOR MS will go towards providing vital care and support services to people living with MS, and their families.

If you would like to run on the day, sign up at [www.stepupforms.org.au](http://www.stepupforms.org.au) or to donate to Mr Kelly's appeal visit <http://www.mswarevents.org.au/Step-Up-for-MS/benjelly>

