

APPLECROSS SENIOR HIGH SCHOOL CANTEEN MENU TERMS 1 & 4

DAILY SPECIALS

Mmmmm MONDAY

Noodle Box	\$5.00
Choose from chicken or vegetarian	
Pies- Beef, Pepper or Chunky	\$3.50
Creamy Chicken & Leek	\$4.00
Sausage Rolls- regular	\$3.00
Spinach & 3 cheese	\$3.50

What do I choose? TUESDAY

Quiche & Salad	\$5.00
Choose from ham or vege	
Burgers	\$4.50
Choose from chicken, beef, fish or vege patty	

What's to eat? Wednesday

Nachos- chicken or beef	\$5.00
Vegetarian	\$4.50
Gozleme	\$5.00
Choose from chicken, beef Or mushroom	

Thirsty THURSDAY

Lasagne- beef or vegetarian	\$5.00
Choose from salad or wedges	
Sweet Chilli Chicken Wrap	\$5.00

Fresh FRIDAY

Fish with either salad or Sweet potato wedges	\$5.00
Hot Dogs- with tomato sauce	\$4.00
With mustard, onions/both	\$4.50

EVERY DAY

SANDWICH BAR

	Roll/Wrap	S/W
Chicken & Salad	\$5.00	\$4.50
Ham & Salad	\$5.00	\$4.50
Tuna & Salad	\$5.00	\$4.50
Egg & Salad	\$5.00	\$4.50
Cheese & Salad	\$5.00	\$4.50
Avocado & Salad	\$5.00	\$4.50
Vegemite	\$4.00	\$3.50

EXTRAS

Meat, avocado, egg, cheese, salad	
Sun-dried tomato	\$1.00
Gherkin, onion, Dijonnaise, Peri-Peri, Branston Pickles, tomato chutney, sweet chili, beetroot	.50

*COMPLIMENTARY/ OPTIONAL

Margarine, Mayonnaise, Cracked Pepper	
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TURKISH 2 Fillings	\$4.50
3 Fillings	\$5.00
TOASTIES 1 Filling	\$3.50
2 Filings	\$4.00
3 Fillings	\$4.50

SUSHI - Tuna, Chicken, or Mixed	\$4.50
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SALAD BOX -plain	\$4.50
with cheese or egg	\$5.00
gourmet	\$5.00

ONIGIRI	\$4.00
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Choose from Fried Chicken, Teryaki Chicken, Fried Prawn or Tuna	
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DRINKS

WATER **\$1.50**

MILKS Small Large
Plain Hi-Lo \$1.50 \$2.50
Flavoured-Choc, Strawberry,
Banana, Caramel, Choc/mint
\$2.50 \$4.00

Up'n'Go
Choc, Banana,
Strawberry, Vanilla \$2.00

JUICES
Classic Juice- 100% \$3.00
Orange, Apple, Blackcurrant,
Apple/Mango/Banana

Popper Juice-100% \$2.00
Orange, Apple, Blackcurrant, Tropical

LOL Carbonated- 97% \$2.00
Raspberry, Tropical, Blackcurrant

Focus Water-
Wildberry, Dragon Fruit,
Apple/Raspberry \$2.50

ICE CREAMS- available after 1.35pm only

Juicy Sticks .50
Zing Sticks \$1.00
Vanilla Bucket \$1.50
Paddle pops \$2.00
Frozen Yoghurt- \$2.00
Mango, Strawberry, Raspberry

RECESS

HOT FOOD

Cheesies - Plain, pizza \$2.00

Garlic Bread \$2.00

Daily specials- * selections from *

Sweet Potato Wedges \$2.50

Southern Tenders \$2.50

Small Pies \$2.00

Mystery Melts \$2.00

Ham & Cheese Muffin \$2.00

Ham & Egg Muffin \$2.50

Sausage Roll \$2.50

Soup & Roll \$2.50

Sweet Chilli Tenders \$2.50

COLD FOOD

Muffins \$2.50

Apple & Cinnamon, Choc
Blueberry, Raspberry

* Assorted fresh rolls are
available every recess *

FRESH FRUIT

Pieces of Fruit .50

YOGHURTS

Assorted low fat flavoured
varieties \$2.00

Yogo-chocolate \$2.00

Assortment of SMALL
packs of chips etc. \$1.50