

APPLECROSS SENIOR HIGH SCHOOL CANTEEN MENU TERMS 2 & 3

DAILY SPECIALS

Mmmmm MONDAY

Hotdogs - with tomato sauce \$4.00
with mustard &/or onions \$4.50

Stockpot
Weeks 1,3,5,7,9 Teriyaki Chicken \$5.00
Weeks 2,4,6,8,10 Butter Chicken \$5.00

What do I choose? TUESDAY

Lasagne - Beef or Vegetarian with salad or sweet potato wedges \$5.00

Pizza - Hawaiian \$5.00
Indian tandoori chicken \$5.00
Pumpkin, & feta \$5.00

What's to eat? WEDNESDAY

Burgers - Chicken, Beef, Fish or Vege pattie \$4.50
Spuds - Mexi Beef, Chicken or Vegetarian \$5.00

Thirsty THURSDAY

Nachos - Chicken or Beef \$5.00
Vegetarian \$4.50
Quesadillas - Chicken or Beef \$5.00
Vegetarian \$5.00

Fresh FRIDAY

Pasta of the Day - changes weekly \$5.00
Pies - Beef, Chunky/Pepper Steak \$3.50
Chicken & Leek \$4.00

Sausage Rolls - Regular \$3.00
Spinach & 3 cheese \$3.50

DRINKS

WATER \$1.50

MILKS
Plain Hi-Lo Small Large
\$1.50 \$2.50
Flavoured-Choc, Strawberry,
Banana, Caramel, Chocmint \$2.50 \$4.00

EVERY DAY

SANDWICH BAR

	Roll/Wrap	S/W
Chicken & Salad	\$5.00	\$4.50
Ham & Salad	\$5.00	\$4.50
Tuna & Salad	\$5.00	\$4.50
Egg & Salad	\$5.00	\$4.50
Cheese & Salad	\$5.00	\$4.50
Avocado & Salad	\$5.00	\$4.50
Vegemite	\$4.00	\$3.50

EXTRAS

Meat, avocado, egg, cheese, salad
Sun-dried tomato \$1.00
Gherkin, onion, Dijonnaise, Peri-Peri,
Branston Pickles, tomato chutney,
sweet chili, beetroot .50c
COMPLIMENTARY/ OPTIONAL
Margarine, Mayonnaise, Cracked Pepper

TURKISH 2 Fillings \$4.50
3 Fillings \$5.00
TOASTIES 1 Filling \$3.50
2 Fillings \$4.00
3 Fillings \$4.50

SUSHI Tuna, Chicken or Mixed \$4.50

SALAD BOX Plain \$4.50
With cheese or egg \$5.00
Gourmet \$5.00

TERYAKI CHICKEN & RICE \$5.00

PIZZA SLICE \$4.00
Supreme, Vege or Hawaiian

SOUP OF THE DAY & ROLL
Changes Daily \$3.50

RECESS

HOT FOOD

Cheesies
Plain or pizza \$2.00
Garlic Bread \$2.00

Up'n'Go
Choc, Banana, Strawberry, Vanilla \$2.00

JUICES
Classic Juice- 100% \$3.00

Orange, Apple, Blackcurrant,
Apple/Mango/Banana

Popper Juice 100% \$2.00
Orange, Apple, Blackcurrant, Tropical

LOL Carbonated 97% \$2.00
Raspberry, Tropical, Blackcurrant

Focus Water \$2.50
Wildberry, Dragon Fruit, Apple/Raspberry

ICE CREAMS available after 1.35pm only

Juicy Sticks \$0.50
Zing Sticks \$1.00
Vanilla Bucket \$1.50
Paddle pops \$2.00

Frozen Yoghurt \$2.00
Mango, Strawberry, Raspberry

Daily specials
Selections from

Sweet Potato Wedges \$2.50
Southern Tenders \$2.50
Small Pies \$2.00
Mystery Melts \$2.00
Ham & Cheese Muffin \$2.00
Ham & Egg Muffin \$2.50
Sausage Roll \$2.50
Soup & Roll \$2.50
Sweet Chilli Tenders \$2.50

COLD FOOD

Muffins \$2.50

Apple & Cinnamon, Choc
Blueberry, Raspberry

Assorted fresh rolls available
every recess

FRESH FRUIT

Pieces of Fruit \$0.50

YOGHURTS

Assorted low fat
flavoured varieties \$2.00
Yogo – chocolate \$2.00

Assortment of SMALL
packs of chips \$1.50